

Ralph Connor &  
Rundle  
December 11, 2022  
LYRICS and  
PRAYERS

Third Sunday  
of Advent  
The Sunday of JOY



Prayer Shawls – 2022 Candlelight Service of Remembrance  
St. Michael's Anglican Church, December 8, 2022

Photo: Mona McIntyre

# Opening Carol: Voices United #29

## “Hark the Glad Sound” *(verses 1, 3, 4)*

*~Philip Doddridge-Thomas Haweis~*  
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*Children may proceed to Kids' Connection and Toddler Care during the singing of this hymn. They will rejoin us later in the service for communion.*

**1. Hark, the glad sound!  
The Saviour comes,  
the Saviour promised long:  
let every heart prepare a throne,  
and every voice a song.**

**3. He comes,  
the broken heart to bind,  
the bleeding soul to cure,  
and with the treasures of his grace  
to bless the humble poor.**

4. Our glad hosannas,  
Prince of Peace,  
your welcome shall proclaim;  
and heaven's eternal arches ring  
with your beloved name.

**-end-**

**A contemplative practice of JOY:**

**Pastoral Prayer, ending with the Lord's Prayer**

**“Beloved, in whom is heaven...”**

**Hymn: More Voices #120**  
**“My Soul Cries Out”**

*~Rory Cooney, 1990~*

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1. “My soul cries out with a joyful shout that the God of my heart is great, and my spirit sings of the wondrous things that you bring to the ones who wait. You fixed your sight on your servant’s plight, and my weakness you did not spurn, so from east to west shall my name be blest. Could the world be about to turn?”

## **CHORUS:**

**My heart shall sing of the day you bring.  
Let the fires of your justice burn.  
Wipe away all tears,  
for the dawn draws near,  
and the world is about to turn!**

**2. “Though I am small, my God, my all,  
you work great things in me,  
and your mercy will last  
from the depths of the past  
to the end of the age to be.  
Your very name puts the proud to shame,  
and to those who would for you yearn,  
you will show your might,  
put the strong to flight.**

## **CHORUS:**

**My heart shall sing of the day you bring.  
Let the fires of your justice burn.  
Wipe away all tears,  
for the dawn draws near,  
and the world is about to turn!**

**3. From the halls of power  
to the fortress tower,  
not a stone will be left on stone.  
Let the king beware for your justice tears  
ev'ry tyrant from his throne.  
The hungry poor shall weep no more,  
for the food they can never earn;  
there are tables spread,  
ev'ry mouth be fed,  
for the world is about to turn.**

## **CHORUS:**

**My heart shall sing of the day you bring.  
Let the fires of your justice burn.  
Wipe away all tears,  
for the dawn draws near,  
and the world is about to turn!**

4. Though the nations rage from age to age,  
we remember who holds us fast:  
God's mercy must deliver us  
from the conqueror's crushing grasp.  
This saving word that our forebears heard  
is the promise which holds us bound,  
'til the spear and rod  
shall be crushed by God  
who is turning the world around.

## **FINAL CHORUS:**

**My heart shall sing of the day you bring.  
Let the fires of your justice burn.  
Wipe away all tears,  
for the dawn draws near,  
and the world is about to turn!**

**-end-**

**Hymn: Voices United #380**  
**“She Comes Sailing on the Wind”**  
*(She Flies on)”*

*Gordon Light, 1985~*

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## Refrain:

She comes sailing on the wind,  
her wings flashing in the sun;  
on a journey just begun, she flies on.  
And in the passage of her flight,  
her song rings out through the night,  
Full of laughter, full of light, she flies on.

**1. Silent waters rocking  
on the morning of our birth,  
like an empty cradle waiting to be filled.  
And from the heart of God  
the Spirit moved upon the earth,  
like a mother breathing life into her child.**

## **Refrain:**

**She comes sailing on the wind,  
her wings flashing in the sun;  
on a journey just begun, she flies on.  
And in the passage of her flight,  
her song rings out through the night,  
full of laughter, full of light, she flies on.**

**2. Many were the dreamers  
whose eyes were given sight,  
when the Spirit filled their dreams with  
life and form.  
Deserts turned to gardens,  
broken hearts found new delight,  
and then down the ages still she flew on.**

## Refrain:

She comes sailing on the wind,  
her wings flashing in the sun;  
on a journey just begun, she flies on.  
And in the passage of her flight,  
her song rings out through the night,  
Full of laughter, full of light, she flies on.

**3. To a gentle girl in Galilee,  
A gentle breeze she came,  
a whisper softly calling in the dark,  
the promise of a child of peace  
whose reign would never end,  
Mary sang the Spirit song within her  
heart.**

## Refrain:

She comes sailing on the wind,  
her wings flashing in the sun;  
on a journey just begun, she flies on.  
And in the passage of her flight,  
her song rings out through the night,  
Full of laughter, full of light, she flies on.

**4. Flying to the river,  
she waited circling high above the child  
now grown so full of grace.  
As he rose up from the water,  
she swept down from the sky,  
and she carried him away in her embrace.**

## Refrain:

She comes sailing on the wind,  
her wings flashing in the sun;  
on a journey just begun, she flies on.  
And in the passage of her flight,  
her song rings out through the night,  
Full of laughter, full of light, she flies on.

**5. Long after the deep darkness  
that fell upon the world,  
after dawn returned in flames of rising sun,  
the Spirit touched the earth again,  
again her wings unfurled,  
bringing life in wind and fire as she flew on.**

## Final Refrain:

She comes sailing on the wind,  
her wings flashing in the sun;  
on a journey just begun, she flies on.  
And in the passage of her flight,  
her song rings out through the night,  
Full of laughter, full of light, she flies on.

**-end-**

**Communion Hymn: Voices United #402**  
**“We Are One”**

*~Doreen Lankshear-Smith - Jeeva Sam~*

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**1. We are one as we come,  
As we come, joyful to be here,  
In the praise on our lips  
There's a sense that God is near.  
We are one as we sing,  
As we seek, we are found;  
And we come needful of God's grace  
As we meet, together in this place.**

**2. We are one as we share,  
As we share brokenness and fear,  
In the touch of a hand  
There's a sense that God is here.  
We are one as we care,  
As we heal, we are healed,  
And we share warmth in God's embrace  
As we pray together in this place.**

**3. We are one as we feast,  
As we feast, peace becomes the sign;  
In the bread and the wine  
There's a sense of love divine.  
We are one as we come,  
As we feed, we are fed;  
And we feel God's refreshing grace  
As we meet at table in this place.**

4. We are one as we hear,  
As we hear, heart and hand unite;  
In the word we receive  
There's a sense that God is light.  
We are one as we leave,  
As we love, we are loved;  
And we seek justice in God's ways  
As we move together from this place.

**-end-**

**Closing Carol: Voices United #73**  
**“The Virgin Mary Had a Baby Boy”**

*~ a carol from the West Indies ~*

**1. The Virgin Mary had a baby boy,  
the Virgin Mary had a baby boy,  
the Virgin Mary had a baby boy,  
and they say that his name is Jesus.**

• He come from the glory,  
he come from the glorious kingdom.  
He come from the glory,  
he come from the glorious kingdom.  
O yes, believer! O yes, believer!  
He come from the glory,  
he come from the glorious kingdom.

**2. The angels sang  
when the baby was born,  
The angels sang when the baby was born,  
The angels sang when the baby was born,  
and they say that his name is Jesus.**

He come from the glory,  
he come from the glorious kingdom.  
He come from the glory,  
he come from the glorious kingdom.  
O yes, believer! O yes, believer!  
He come from the glory,  
he come from the glorious kingdom.

**3. The shepherds came  
where the baby was born,  
The shepherds came  
where the baby was born,  
The shepherds came  
where the baby was born,  
and they say that his name is Jesus.**

He come from the glory,  
he come from the glorious kingdom.  
He come from the glory,  
he come from the glorious kingdom.  
O yes, believer! O yes, believer!  
He come from the glory,  
he come from the glorious kingdom.

**-end-**

**Followed by Moment of Reflection & Postlude**

**Sunday Worship with Pageant, Sun Dec 18 at 10AM,  
Rundle Memorial United Church, Banff**

**CANMORE – CHRISTMAS EVE, Sat Dec 24**

**5PM Community Family Service with Pageant,  
Canmore Seniors' Association**

**8PM Carols and Readings at Ralph Connor**

**BANFF – CHRISTMAS EVE, Sat Dec 24**

**7PM Carols and Readings at Rundle Memorial**

**Christmas Day, Sun Dec 25, Ralph Connor, Canmore 10AM  
Christmas Communion**